

ACTIVITATS SALA 2019



| | LUNES DILLUNS | MARTES DIMARTS | MIERCOLES DIMECRES | JUEVES DIJOUS | VIERNES DIVENDRES | SABADO DISSABTE |
|-------|--------------------------|--------------------------------|--------------------------|--------------------------------|------------------------------|--|
| 08:15 | | PILATES | | PILATES | HIPOPRESIVA 09:30H | PILATES 10:30H |
| 11:45 | | *PILATES TERAPÉUTICO | | *PILATES TERAPÉUTICO | | |
| 12:15 | YOGA | | YOGA | | | ABONO MENSUAL 35€ |
| 12:30 | | *PILATES | | *PILATES | | |
| 14:30 | | PILATES | | PILATES | | |
| 15:15 | CIRCUIT'45 | | CIRCUIT'45 | YOGA 15:30H | PILATES 17:30H | |
| 17:15 | TAEKWONDO INFANTIL | | TAEKWONDO INFANTIL | 16:30H | | |
| 18:15 | TAEKWONDO INFANTIL | | TAEKWONDO INFANTIL | | | |
| 19:15 | PILATES | CIRCUIT'45 | PILATES | CIRCUIT'45 | | |
| 20:15 | TAI-CHI CHUAN | 20:00H PILATES | TAI-CHI CHUAN | | | |

PREUS/PRECIOS:

Mensual: 1día/sem 20,10€ / 2días/sem 30,30€ / 3días/sem 40,35€

Trimestral: 1día/sem 50,50€ / 2días/sem 75,80€ / 3días/sem 101,15€

TAEKWONDO INFANTIL:

MENSUAL: 2días/sem 30€ / TRIMESTRAL: 2días/sem 75€

PISCINA MUNICIPAL TRAFALGAR

www.clubdelfin.es

C/ Trafalgar, 34 bajo

(TLF.: 963.302.076)